

Magellan Health Services' New Online Learning Tools Support Individual Resiliency and Recovery

Free Resource Available to Families, Consumers and Providers

AVON, Conn.--(BUSINESS WIRE)--Aug. 12, 2008--Magellan Health Services, Inc. has launched a new online learning center designed to reinforce resiliency and recovery principles. The Magellan Resiliency and Recovery e-Learning Center enables consumers, families and providers to effectively apply the principles of hope, choice, empowerment and education to achieve individual behavioral health goals.

Available at MagellanHealth.com/training, the e-Learning Center offers broad access and greater convenience than traditional on-site training programs, and without the expense. The e-Learning Center is a free resource that currently hosts 10 interactive "e-courses" in English and in Spanish, offering in-depth strategies and techniques for promoting resiliency and recovery. The e-courses include testimonials of personal experiences that provide motivation and each can be completed in 30- 45 minutes.

"Magellan's innovative e-Learning Center is, to our knowledge, the only one of its kind," said Anne McCabe, senior vice president of Magellan's behavioral health public sector business unit. "It's another example of our commitment to empowering individuals and families to understand the role they play in moving forward in their recovery and strengthening their resiliency to cope with life's challenges."

Magellan providers are able to receive Continuing Education Units (CEU) for completing the e-courses. Magellan is approved as a continuing education provider/sponsor by the following organizations: American Psychological Association (APA), Association of Social Work Boards (ASWB), National Association of Alcohol and Drug Abuse Counselors (NAADAC) and National Board of Certified Counselors (NBCC).

To develop the e-courses, Magellan partnered with three recognized experts in behavioral health recovery and resiliency-- Recovery Innovations (formerly Meta Services), Child and Family Support Services and the Family Involvement Center. Consumers and family members also participated in all aspects of the training content development and field testing process.

"As a family member, it inspires hope in me that Magellan has such a firm commitment to recovery," said Bob Lutton, family advocate/consultant for Child & Family Support Services.

During the next several months, Magellan will continue to expand the e-Learning Center through partnerships with Yale University's Program for Recovery and Community Health to further enhance the company's cultural competency training, and with the Depression and Bipolar Support Alliance (DBSA) to develop e-courses for Medicaid-reimbursable peer specialists and their supervisors.

Magellan believes that all people have qualities that enable us to rebound from adversity, trauma, tragedy or other stresses and to go on with life with a sense of mastery, competence and hope. This is also known as resiliency. Magellan's commitment to recovery demonstrates the belief that all people living with behavioral health conditions have the capacity to learn, grow and change and can achieve a life filled with meaning and purpose.

About Magellan: Headquartered in Avon, Conn., Magellan Health Services, Inc. (Nasdaq:MGLN) is the nation's leading diversified specialty health care management organization. Its customers include health plans, corporations and government agencies.

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