

Magellan Health Releases Model for Serving High-Risk Children and Adolescents

Model based on clinical research with real-world application

SCOTTSDALE, Ariz.--(BUSINESS WIRE)-- [Magellan Health, Inc.](#) (NASDAQ: MGLN) today presented its [research-based model](#) for the prevention and treatment of problematic behaviors and behavioral health challenges in children and adolescents. Focusing on an approach that keeps youth and their families central to the decision-making process, Magellan's model addresses individuals' needs, strengths, preferences and culture. Pat Hunt, director of child and family resiliency services at Magellan Healthcare, part of the team that created the model, is presenting on this topic at the National Federation of Families for Children's Mental Health Annual Conference on November 21, 2015 in Washington, D.C.

"Our model is more than an academic document," said Dr. Gary Henschen, chief medical officer for behavioral health at Magellan Healthcare. "While it provides a clear, research-based description of the issues and barriers involved in the treatment of children and youth, it also outlines what Magellan has found to be best in caring for this population, based on our own experience and the experience of leading researchers in the field. The processes outlined in this model inform our work with children and youth now and in the future."

[Magellan's model:](#)

- Is developmentally appropriate, culturally competent and includes trauma-informed best practices.
- Includes a special focus on children younger than five and youth transitioning to adulthood.
- Includes programs that ensure choice and participation for youth and family.
- Focuses on cross-system support for youth involved with multiple services and agencies.
- Is team-based, and includes personalized treatment planning and care coordination augmented by technology.

"As we share this information for the benefit of providers, youth, families, policy-makers and other advocates and community stakeholders, we continue to generate an expanded array of services and supports for children, youth and their families. We hope this model will encourage dialogue, debate and, ultimately, change how we, as a nation, care for children and adolescents at risk," said Henschen.

About Magellan Health: Headquartered in Scottsdale, Ariz., [Magellan Health, Inc.](#) is a leader in managing the fastest growing, most complex areas of health, including special populations, complete pharmacy benefits and other specialty areas of healthcare. Magellan develops innovative solutions that combine advanced analytics, agile technology and clinical excellence to drive better decision making, positively impact health outcomes and optimize the cost of care for the members we serve — all within a customer-first culture. Magellan's customers include health plans and other managed care organizations, employers, labor unions, various military and governmental agencies and third-party administrators. For more information, visit [MagellanHealth.com](#).

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