

Magellan Healthcare Hosts Free Webinar and New Resources for October's National Depression and Mental Health Awareness and Screening Month

- Depression in children increased by 89% from 2004 to 2020, disproportionately affecting girls, of which the prevalence increased from 13.1% in 2004 (5% among boys) to 25.2% in 2020 (9.2% among boys).**¹
- Mental health conditions among adults increased by 19% from 2008 to 2020, including nearly 21 million adults who have depression.**²
- Rates of depression in adults are higher among certain groups like younger adults, females and people who are multi-racial.**³
- Among those who experience a mental health condition, more than half do not receive treatment.**⁴

FRISCO, Texas – September 26, 2022 – [Magellan Healthcare Inc.](#), the behavioral and specialty healthcare segment of [Magellan Health, Inc.](#), today announced resources addressing depression in adults and youth in support of National Depression and Mental Health Awareness and Screening Month in October.

On Tuesday, October 25th from 2:00 pm–3:00 pm ET, join Magellan Healthcare for the webinar, “Depression is real. Recovery is possible,” featuring a Magellan employee who has lived with depression since childhood and will share her inspirational story of recovery. Hear from our doctors who will share their knowledge and professional experience in addressing depression in adults and youth. Presenters will be Amanda Grace Krier, AAS, CPS, Magellan Healthcare youth support coordinator; Jamie Hanna, MD, Magellan Healthcare medical director; and Rakel Beall-Wilkins, MD, MPH, Magellan Healthcare medical director. Visit [here](#) for more information and free registration.

Additional Magellan Mental Health Screening and Support Resources

Magellan Healthcare has additional resources available to all individuals, especially those who may be feeling depression, anxiety or stress. Visit [Magellanhealthcare.com/Mental-Health](#) to access the depression awareness campaign toolkit and more for 2022 National Depression and Mental Health Awareness and Screening Month and the [Magellan Health Insights blog](#) for posts throughout October.

“At Magellan Healthcare, we understand the increasing need for mental health support, and we care deeply about doing our part to improve and save lives affected by depression, substance use, and other mental health conditions,” said Rakel Beall-Wilkins, MD, MPH, Magellan Healthcare medical director. “This year’s theme, ‘Depression is real, common and treatable. Recovery is possible.’ highlights the importance of addressing the misperceptions and stigma surrounding the topic of depression, and encourages people to seek help if they are struggling.”

Key Statistics

The prevalence of depression – a sad mood that lasts for a long time and interferes with normal, everyday functioning – among children has increased by 89% from 2004 to 2020, while the rate of treatment has only nominally increased.¹ The prevalence of mental health conditions among adults has increased by 19% from 2008 to 2020, including nearly 21 million adults who have depression.² Rates of depression are higher among certain groups like younger adults, females and people who are multi-racial.³

In the United States, suicide claimed the lives of almost 46,000 people in 2020.⁵ It is the second leading cause of death for children aged 10–14 and adults aged 35–44, and the third leading cause of death for young people aged 15–24.⁶

Visit Magellan Healthcare social media channels ([Twitter](#), [LinkedIn](#), [Facebook](#)) for information and tools addressing depression, mental health and mental health screening.

About Magellan Healthcare: [Magellan Healthcare, Inc.](#), the healthcare business unit of Magellan Health, Inc., offers solutions for complex conditions in the areas of behavioral health and medical specialty treatment. Magellan Healthcare and its subsidiaries serve commercial health plans, employers, state and local governments, and the Federal government, including the Department of Defense. For more information, visit [MagellanHealthcare.com](#).

About Magellan Health: [Magellan Health, Inc.](#) is a leader in managing the fastest growing, most complex areas of health, including special populations, complete pharmacy benefits and other specialty areas of healthcare. Magellan supports innovative ways of accessing better health through technology, while remaining focused on the critical personal relationships that are necessary to achieve a healthy, vibrant life. Magellan's customers include health plans and other managed care organizations, employers, labor unions, various military and governmental agencies and third-party administrators. For more information, visit [MagellanHealth.com](#).

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1[2020 National Survey of Drug Use and Health Youth Mental Health Trend Tables](#)

2[2020 National Survey of Drug Use and Health Adult Mental Health Trend Tables](#)

3[2020 National Survey of Drug Use and Health Adult Mental Health Trend Tables](#)

4[Mental Health America, The State of Mental Health in America](#)

5[National Institute of Mental Health, "Suicide" information](#)

6[National Institute of Mental Health, "Suicide" information](#)

<https://magellanhealth.mediaroom.com/2022-09-26-Magellan-Healthcare-Hosts-Free-Webinar-and-New-Resources-for-October-National-Depression-and-Mental-Health-Awareness-and-Screening-Month>