

Magellan Healthcare Hosts Free Webinar to Explore Adverse Childhood Experiences and Adulthood Depression for October's National Depression and Mental Health Awareness and Screening Month

FRISCO, Texas – Sept. 20, 2023 – [Magellan Healthcare, Inc.](#), the behavioral health division of [Magellan Health, Inc.](#), today announced it will host a free webinar from 2 – 3 p.m. EDT Wednesday, Oct. 25 focusing on the connection between adverse childhood experiences (ACEs) and poor mental health outcomes, including depression and anxiety, in adulthood. The webinar is in recognition of National Depression and Mental Health Awareness and Screening Month in October.

In 2021, 20.1% of children aged 12–17 experienced depression—a sad mood lasting for a long time and interferes with normal, everyday functioning. The prevalence of depression among children has increased by 89% from 2004 to 2020, while the rate of treatment has only nominally increased.

During October's webinar, Magellan's experts will discuss ACEs and protective and compensatory experiences ([PACES](#)) in childhood. Presenting will be [Jamie Hanna, M.D.](#), Magellan national medical director, children's behavioral health, and Brandi Johnston, LPC, Magellan director of clinical care services.

"ACEs can have a significant and lasting impact on a person's mental health into adulthood. That includes a range of traumatic events or circumstances that occur during childhood and can include physical, emotional, or sexual abuse, neglect, household dysfunction like parental substance abuse, or other forms of adversity," said Dr. Hanna. "October is a chance for individuals and their medical providers to screen for mental health conditions, identify problem areas and get help to live a happier and healthier life."

Additional free resources are also available:

- Visit [MagellanHealthcare.com/Mental-Health](#) for event information, new 2023 tip sheets and mental health awareness campaign toolkit, and access to mental health self-screening tools.
- Visit the [Magellan Health Insights blog](#) for posts throughout October and all year long.
- Stay tuned to Magellan Healthcare's social media channels ([LinkedIn](#), [Facebook](#)) for information and tools addressing mental health.

About Magellan Health: [Magellan Health, Inc.](#) supports innovative ways of accessing better health through technology while remaining focused on the critical personal relationships that are necessary to achieve a healthy, vibrant life. Magellan's customers include health plans and other managed care organizations, employers, labor unions, various military and governmental agencies, and third-party administrators. For more information, visit [MagellanHealth.com](#).

About Magellan Healthcare: [Magellan Healthcare, Inc.](#), the healthcare business unit of Magellan Health, Inc., offers solutions for complex conditions in the areas of behavioral health. Magellan Healthcare and its subsidiaries serve commercial health plans, employers, state and local governments, and the federal government, including the Department of Defense. For more information, visit [MagellanHealthcare.com](#).

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1 [SAMHSA 2021 National Survey of Drug Use and Health \(NSDUH\) Youth Mental Health Tables](#)

2 [SAMHSA 2020 National Survey of Drug Use and Health \(NSDUH\) Youth Mental Health Trend Tables](#)