

Magellan Health White Paper Reveals Breakthrough in Pediatric Behavioral Health Outcomes through Collaborative Care

Team-based approach fosters clinical partnerships and provides tools to support physicians who treat children with mild to moderate behavioral health conditions

FRISCO, Texas, Sept. 3, 2025 /PRNewswire/ -- [Magellan Health, Inc.](#), a clinical-first leader in behavioral health and related services, announced that pediatric primary care providers who integrate Magellan's collaborative care model (CoCM) directly into their care setting reduce barriers to access, improve provider satisfaction and deliver measurable results to children and their families.

CoCM is an evidence-based, integrated approach to healthcare that has been demonstrated to enhance patient outcomes. Proven effective in more than [90 randomized controlled trials](#), the model ensures timely access to behavioral health support and delivers personalized care.

Magellan Health conducted an analysis of a pediatric clinic serving more than 7,900 patients that implemented its CoCM solution. Magellan's approach addresses the need for a transformative shift in pediatric behavioral healthcare by empowering pediatric clinics to deliver team-based behavioral health support using CoCM. Over a 12-month period, 229 of the clinic's patients (ages 8+) were referred to the program with the following significant results:

- 84% of referred children enrolled in the program.
- 56% of children stayed engaged or graduated from the program.
- 40% reduction in PHQ-A scores among program graduates.

"Magellan's comprehensive CoCM program is based on a strong and time-tested evidence base and founded on measurement-informed care," said Caroline Carney, M.D., chief executive officer, Magellan Health. "With our innovative approach, providers gain access to critical resources directly within their clinics, enabling them to deliver seamless, team-based care with confidence and efficiency. This support is essential in ensuring lasting positive impacts for the children they serve and the families who support them."

Magellan's white paper, *Collaborative Care Management: Transforming Pediatric Mental Healthcare*, is available to download [here](#).

About Magellan Health: [Magellan Health, Inc.](#) supports innovative ways of accessing better health through technology, while remaining focused on the critical personal relationships that are necessary to achieve a healthy, vibrant life. Magellan's customers include health plans and other managed care organizations, employers, labor unions, various military and governmental agencies and third-party administrators. For more information, visit [MagellanHealth.com](#).

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For further information: Lilly Ackley, mediarelations@magellanhealth.com

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